

## Closet staples shopping list to prioritize this month:



Everyday Shorts

<u>Swimsuits</u>

Waterproof Sandals

SHOP MY RECOMMENDATIONS

## Merrick's most worn items in JULY

**DENIM SHORTS** 

REEF WATERPROOF SANDALS

BALLET FLATS

SIMPLE GOLD EARRINGS

**BASIC TEES** 

SUNGLASSES

TAP TO SHOP MY FAVORITES

## If you struggle to get rid of clothing in your closet…here are some things to think about



Think about how you can give new life to your clothing that is sitting unused in your closet

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If you're not wearing it, think about how you could sell it and make a few bucks to buy something new!



If you can't fit into it right now, it's not worth having in your closet! A closet full of clothes that don't fit is frustrating.



For sentimental items, if it's not worth storing, it's probably not worth keeping. Decide if it's worth it for you.

## More tips for cleaning out your closet when you struggle to toss things

One of the biggest challenges I hear from you is that you're not sure how to clean out your closet and get rid of things, even if you don't wear them! Here are three simple ideas that might be a solution for you:

- Sell your unused clothes on Poshmark
- Host a clothing swap with friends and have everyone bring items that they don't wear anymore.
- Remove anything that doesn't fit you RIGHT NOW. Store it somewhere else if you plan to change sizes, but don't let it sit in your closet and take up space.



